

RCCI AFTERSCHOOL SNACK PROGRAM



CHAPTER 18

RCCI AFTERSCHOOL SNACK PROGRAM

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We acknowledge the Nebraska State Department of Education for allowing us use of their materials from which we adopted this chapter.

Afterschool Snack Program

Eligible Programs:

To be eligible to qualify for reimbursement under the School Lunch Program, after school snack programs must meet the following three criteria:

1. A school district or residential childcare facility (RCCI) which participates in the National School Lunch Program (NSLP) must operate the after school snack program. The program does not have to use the school district's personnel or regular school facilities. The school district or RCCI must retain final administrative and management responsibility for the program, including the program site.
2. The purpose of the program must be to provide care in after school settings. The program must be organized to provide children/residents with regularly scheduled activities in a setting that is structured and supervised. By "regularly scheduled" it does not mean the program must occur daily. Moreover, while eligible programs would not need to establish formal enrollment procedures, they must have a means of determining if children/residents are present on a given day, such as a roster or sign-in sheet.
3. Eligible programs must include educational or enrichment activities in a supervised structured environment. Any extracurricular activities such as the school choir, debate team, and drama society, et al. can qualify to participate under this provision only if their basic purpose is to provide after school care as defined above. It must be emphasized that under no circumstances can organized athletic programs engaged in interscholastic sports be approved as after school care programs under this provision.

Eligible Sites

RCCIs qualify for snack reimbursement based on the numbers of paid, free and reduced-price residents enrolled in the site.

Snacks Claimed as Free based on "Area Eligibility"

Sites located in areas served by a school or in a RCCI, in which at least 50 percent of the enrolled children are eligible for free or reduced price meals:

- Are eligible to receive reimbursement at the free rate for snacks served to all children eligible for afterschool snacks, regardless of each individual child's eligibility for free or reduced price lunches.
- Must document, using the most recent March eligibility data, that the site is located at a school, RCCI or in the attendance area of a school where at least 50 percent of the enrolled children are eligible for free or reduced price meals.
- Cannot charge children for snack.

Snacks Claimed as Free/Reduced/Paid based on “Non-Area Eligibility”

Sites located in areas served by a school or in a RCCI in which less than 50 percent of the enrolled children are certified eligible for free or reduced price meal benefits:

- Must count snacks and claim reimbursement by type: free, reduced price and paid.
- Cannot charge children for snacks claimed at the free reimbursement rate.

Non-Area Eligible sites have the option of implementing either a Pricing Program or a Non-Pricing Program.

In a Pricing Program - students are charged a fee for the snack based on their eligibility status; free eligible students receive their snack at no charge, reduced price eligible students may be charged no more than 15 cents and paid students pay the price determined by the school/facility.

In a Non-Pricing Program - all students receive their snacks at no separate charge and snacks are claimed in their respective categories - paid, free, and reduced.

Reimbursement

Schools may claim reimbursement for one snack, per child, per day. Children are eligible to participate through the age of 18, and if a child's nineteenth birthday occurs during the school year, reimbursement may be claimed for that student during the remainder of the school year.

Times of Operation

Snacks cannot be reimbursed in programs operated before or during the child's school day. Schools and RCCIs are not eligible to receive reimbursement for snacks served on weekends or holidays, including vacation periods. Sites located in areas served by a school or in a RCCI would follow the public school's calendar.

A child's eligibility is based on when their scheduled school day ends, and not on whether or not the school continues in session. For example, if a kindergarten program ends at noon but the children remain in school under a care program as described above, snacks served to these children may be reimbursed under this provision. The same would be true of older children enrolled in schools that have split sessions. If children remain on-site to participate in an approved after school care program, they may receive reimbursable snacks even though the school continues to operate later into the afternoon.

Afterschool Snack Meal Pattern

Snacks served under this provision must meet the meal pattern requirements for snacks set forth in 7 CFR section 210.10. See the attached “After School Snack Meal Pattern Minimum Quantities.” In order to be reimbursed, the snacks must contain at least two different components of the following four: a serving of fluid milk, a serving of meat or meat alternate, a serving of vegetable(s) or fruits(s) or full strength vegetable or fruit juice, a serving of whole grain or enriched bread and/or cereal. Daily production records documenting what food components have been served to meet snack meal pattern requirements are required. See the “Daily Snack Production Record” on page 18.5.

Additional Requirements

School districts and RCCIs must notify Nutrition Services at the State Agency of their intent to participate in the after school snack program. An explanation of the educational or enrichment component of the program must also be submitted on the site application. Each program site that is eligible to participate in the after school care snack program must complete the appropriate section of both the sponsor and site applications of their annual on-line agreement.

Record Keeping

At a minimum, school districts and RCCIs participating under this provision must maintain the following records.

- If all meals will be claimed free, the program site must be located in an area served by a school or RCCI in which at least 50 percent of the enrolled students are eligible for free and reduced price meals as indicated on the most recent March eligibility report.
- For all other sites, documentation of free and reduced price eligibility for children whom free and reduced price snacks are claimed must be maintained.
- Meal counts:
 - Snack claimed as Free based on Area Eligibility:
 - ❑ Total count of snacks served daily for each site qualifying for free reimbursement for all children.
 - Snacks claimed as Free/Reduced/Paid based on Non-Area Eligibility:
 - ❑ Daily snack count by individual student name. See attached Monthly Snack Participation for Snacks Claimed as Free/Reduced/Paid on page 18.10.
- Documentation of individual children’s attendance on a daily basis.
- Completed Daily Production Records to document compliance with meal pattern requirements. See sample on page 18.5.
- On-Site Review for Afterschool Snack Programs (2 required annually). See attached on-site review form on page 18.6.

AFTER SCHOOL SNACK MEAL PATTERN

MINIMUM QUANTITIES FOR AFTER SCHOOL SNACK MEAL PATTERN

SELECT ONE SERVING FROM TWO DIFFERENT FOOD COMPONENTS

Required Grade Group	
Food Components	Grades K-12 ¹
Milk: fluid as beverage or on cereal (include low fat choices)	8 fluid ounces
Fruit/Vegetable: May be fruit and/or vegetable; OR full strength fruit juice OR full strength vegetable juice (Includes potatoes but not potato chips. Includes commodity spaghetti sauce and commodity salsa, but other brands do not credit as vegetable without a Child Nutrition (CN) label.)	¾ cup
Grains/Breads: Must be enriched or whole grain flour (read label) A serving is a slice of bread OR ½ cup of rice or pasta (cooked) OR ¾ cup or 1 ounce of dry cereal OR an equivalent serving of other grain-based items as listed On the “Grains/Breads List” ²)	1 serving
Meat/Meat Alternate: Meat, poultry, fish (cooked) Cheese, aged or processed Alternate protein products ³ Egg (large) Cooked dry beans/peas Yogurt (commercially prepared) Peanut butter or other nut/seed butter Peanuts, soy nuts, tree nuts, seeds (Bacon, imitation cheese, canned or powdered cheese/sauce, and tofu do not credit as meat/meat alternate components.)	1 ounce 1 ounce 1 ounce ½ ¼ cup ½ cup 2 Tbsp. 1 ounce

¹ Children are eligible through the age of 18, or through the school year in which they turn 19 years old.

² FNS Instruction 783-1, Rev. 2

³ Alternate protein products must meet USDA requirements.

IMPORTANT:

Serving sizes may be exceeded.

Snacks with **ONLY** the following **are NOT reimbursable**:

- Two fluids (e.g. milk and fruit juice).
- Two foods from the same food component (fruit juice and carrots)

AFTERSCHOOL SNACK PROGRAM

DAILY PRODUCTION RECORD (Snacks Claimed On School Days ONLY)

Site Name: _____ Week: _____ Year: _____

MEAL PATTERN	MENU	SERV. SIZE	QUANT. PREP.	NUMBER SNACKS
MONDAY : SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Bread (1 Serving) Meat or Meat Alternate (1oz.)				Students: Adults:
TUESDAY : SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Bread (1 Serving) Meat or Meat Alternate (1oz.)				Students: Adults:
WEDNESDAY : SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Bread (1 Serving) Meat or Meat Alternate (1oz.)				Students: Adults:
THURSDAY : SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Bread (1 Serving) Meat or Meat Alternate (1oz.)				Students: Adults:
FRIDAY : SNACK (Select 2 of 4 food groups) Milk, Fluid (1 CUP) Juice or Fruit or Veg. (3/4 C) Grains/Bread (1 Serving) Meat or Meat Alternate (1oz.)				Students: Adults:

On-Site Review Summary for Afterschool Snack Program

Each site operating an Afterschool Snack Program must be reviewed by the school district or residential childcare facility (RCCI) two times per year under 7CFR 210.9(c)(7). The first review must be completed by the school district or RCCI during the first four weeks the snack program is in operation. The second review can be any time during the remainder of the school year. If the school district or RCCI has more than one afterschool snack program each site must be reviewed twice. The completed reviews should be kept on file at the school district or RCCI with other records pertaining to the Afterschool Snack Program.

School District _____ Review Date: _____

Feeding Site: _____

Check type of review completed:

_____ Conducted within the first four weeks of snack operation.

_____ Date site started serving snack for this school year: _____

_____ Second review of the school year.

1. Describe the educational and/or enrichment element of this site's after school snack program:

2. What method best describes the counting method used for the after school snacks?

Check one:

_____ 1. Roster/Check off

_____ 2. Ticket/Tally

_____ 3. Electronic Device

_____ 4. Other (describe): _____

3. What method is used for taking attendance?

Check one:

_____ 1. Roster/Check off

_____ 2. Ticket/Tally

_____ 3. Electronic Devices

_____ 4. Other (describe): _____

4. Are production records maintained daily?

_____ Yes _____ No

5. Do production records indicate snacks meet meal pattern requirements for both components and quantities?

_____ Yes _____ No

If no, identify problems and document corrective action:

Signature of Person Conducting Review

Date Review Completed

Afterschool Snack Ideas (K- 12 grades)

Pumpkin bread/muffin - 1.8 oz. slice or larger Pineapple juice - $\frac{3}{4}$ cup	Toasted cheese on whole wheat bread (1 slice bread .9 oz & 1 oz cheese)
Broccoli, carrot and cauliflower pieces - $\frac{3}{4}$ cup total vegetables w/dip Wheat crackers - 8 shredded wheat type or .7 oz	Lowfat yogurt – $\frac{1}{2}$ cup Fruit slices – $\frac{3}{4}$ cup (strawberry, apple, kiwi, or other)
Soft pretzel 1 - .9 oz or larger Apple juice – $\frac{3}{4}$ cup	Baked apple with raisins – 1 medium apple + $\frac{1}{4}$ cup raisins Cheese cube -1 oz.
Refried beans – 2 Tbsp + (cheese .5 oz) Tortilla chips - .9 oz	Watermelon – $\frac{3}{4}$ cup Sweet cinnamon roll unfrosted - 1.8 oz
Tuna, egg or ham salad – 1 oz meat or $\frac{1}{2}$ egg Pita pockets - .9 oz	Bran muffin - 1.8 oz Pear (fresh or canned) - $\frac{3}{4}$ cup
Lowfat yogurt – 4 fl. oz Wheat crackers – 8 shredded wheat type or .7 oz	Bagel and cream cheese - .9 oz bagel Juice – $\frac{3}{4}$ cup
Cornbread muffins - 1.1 oz Milk – 1 cup	2 T peanut butter & 8 saltine crackers - .7 oz
Cheese sticks or cubes – 1 oz Seedless grapes – $\frac{3}{4}$ cup	English muffin - .9 oz Pineapple orange juice - $\frac{3}{4}$ cup
Vegetable juice – $\frac{3}{4}$ cup String cheese – 1 oz.	Fresh fruit salad – $\frac{3}{4}$ cup Pancake - 1.1 oz
Blueberry muffin - 1.8 oz Cottage cheese – $\frac{1}{4}$ cup	Cantaloupe – $\frac{3}{4}$ cup Saltines - 8 crackers or 7 oz
Banana slices - $\frac{3}{4}$ cup Graham crackers squares - .9 oz	Applesauce - $\frac{3}{4}$ cup Graham crackers squares - .9 oz
Hard boiled egg – $\frac{1}{2}$ egg Grape juice – $\frac{3}{4}$ cup	Fried rice – $\frac{1}{2}$ cup Peach (fresh or canned) – $\frac{3}{4}$ cup
Cereal mix – $\frac{3}{4}$ cup Milk – 1 cup	Oatmeal cookie - 1.1oz. Strawberry/peach/pineapple kabobs - $\frac{3}{4}$ c.
Whole wheat toast - .9 oz Orange slices – $\frac{3}{4}$ cup	Plain granola bar - 1.8 oz Cheese stick – 1 oz
Hard bread stick - .7 oz Cheese cubes – 1 oz	French toast - 2.2 oz Melon balls – $\frac{3}{4}$ cup
Biscuits - .9 oz Pineapple chunks - $\frac{3}{4}$ cup	Strawberries - $\frac{3}{4}$ cup Cinnamon grahams - .9 oz
Banana muffin - 1.8 oz Milk - 1 cup	Cornbread - 1.1 oz piece Baked apples – $\frac{3}{4}$ cup
Whole grain bread - .9 oz Mandarin oranges – $\frac{3}{4}$ cup	Soft pretzel - .9 oz Pears - $\frac{3}{4}$ cup
Muffin - 1.8 oz Juice – $\frac{3}{4}$ cup	Bran muffin - 1.8 oz Apple slices - $\frac{3}{4}$ cup
Purchased cinnamon roll - 1.8 oz unfrosted Pineapple juice – $\frac{3}{4}$ cup	English muffin – .9 oz Fruit cocktail – $\frac{3}{4}$ cup
Rice – $\frac{1}{2}$ cup Peaches – $\frac{3}{4}$ cup	French bread –.9 oz Pears – $\frac{3}{4}$ cup diced

Whole wheat toast 1 slice - .9 oz Tomato juice – ¾ cup	Saltine – 8 crackers or .7 oz Cheese – 1 oz
Waffles – 1 frozen (1 serving - 1.1 oz or larger) Strawberries – ¾ cup	Homemade cheese pizza – (crust .9 oz or larger) with cheese (1 oz)
Grain fruit bar - 2.2 oz Cocoa (made with fluid milk) – 1 cup	Pig in a blanket – biscuit (.9 oz or larger) + hot dog (1 oz.)
Graham crackers – .9 oz Apricots - ¾ cup canned	Fruit cup – ¾ cup Cheese – 1 oz
Raisin toast - .9 oz slice Orange Juice – ¾ cup	Assorted cereal mix – ¾ cup Juice = ¾ cup
Peanut butter cookies – 1.1 oz. Milk – 1 cup	½ sandwich (1 slice whole wheat bread) 1 oz meat
Oatmeal muffin - 1.8 oz Melon balls – ¾ cup	Apple rings – ¾ cup Peanut butter – 2 Tbsp
Ginger snaps – 1.1 oz. Applesauce – ¾ cup	Graham crackers - .9 oz Milk – 1 cup
Saltines – 8 squares or .9 oz Vegetable sticks – 9 carrot sticks (4"x ½") + 6 celery sticks (3" x ¾") Ranch dressing dip (extra)	Cucumber and carrot coins – ¾ cup total Cottage cheese - ¼ cup
Toast – .9 oz Peanut butter – 2 Tbsp	Whole wheat hard bread sticks - .7 oz total Fruit salad or cocktail – ¾ cup
Hard breadsticks - .7 oz total Tomato juice – ¾ cup	Cottage cheese – ¼ cup Crushed pineapple – ¾ cup
Granola bar – 1.8 oz Grape juice – ¾ cup	Fruit kabobs – ¾ cup total Cheese sticks – 1 oz
Cinnamon toast – 1 slice or .9 oz Pineapple juice – ¾ cup	Deviled eggs – ½ egg Wheat thins - .7 oz
Bagel - .9 oz Orange slices - ¾ cup	Homemade cinnamon roll -.9 oz unfrosted Milk -1 cup
Graham cracker square - .9 oz Fruit cocktail – ¾ cup	Scrambled egg - (1/2 egg = 1 oz) Tortilla – 8 inch
Cottage cheese – ¼ cup Corn chips - .9 oz	Pineapple chunks or grapes – ¾ cup Animal crackers - .9 oz
Apple slices – ¾ cup Cheese slice – 1 oz	Pancake - 1.1 oz Peanut butter – 2 Tbsp.
Strawberries – ¾ cup (or other fruit) Cereal – ¾ cup	Pear slices – ¾ cup Swiss cheese – 1 oz
Shaved ham – 1 oz. Saltine crackers – 8 squares or .9 oz	Fortune cookies (extra) Mandarin oranges – ¾ cup Fried rice – ½ cup
Soft pretzel - .9 oz Homemade Cheese Sauce - 1 oz meat alternative	Ants on a log (celery, peanut butter, raisins) 2 Tbsp. Peanut butter + 12 - 3 ¾" celery sticks
Peanut butter cookie - 1.1 oz total Milk – 1 cup	Milk shakes (made with 1 c. fluid milk) Sugar cookie - 1.1 oz
Blueberry muffins – 1.8 oz. Cantaloupe – ¾ cup	Waffles - 1.1 oz Applesauce – ¾ cup

After School Care Snack Program

CREDITABLE AND NON-CREDITABLE FOODS

When planning snack menus, be sure the foods used to meet meal pattern requirements are creditable. The following list is not all-inclusive and only is provided as a guide. Please contact Nutrition Services if you have questions regarding how a particular food item contributes to the meal pattern.

Creditable

Milk and Milk Products:

Cocoa – made with fluid milk
Flavored and unflavored milk
Milk shakes – made with 8 oz. fluid milk

Fruits and Vegetables:

100% Juice
Juice Blends if blend of 100% juice
Vegetable Juice Blends if 100% juice
Gelatin – made with 100% juice or fruit added
Fruit Leather – if CN labeled available
Dried Fruit
Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both
Olives/Pickles – high in sodium-limit usage
Potatoes

Grains and Breads: (refer to Grains/Breads List for weight equal to one serving.)

Cereal – dry or cooked
Cereal Bars
Grain Fruit Bars/Granola Bars
Cookies/Bars/Brownies/Cake/Crisps
Breads/Crackers
Nacho Chips/Pretzels/Corn Chips

Meat/Meat Alternate:

Cottage Cheese – ¼ cup = 1 oz. meat/meat alt.
Yogurt, plain/flavored ½ cup = 1 oz. m/m alt.
Dried Beans/Peas – counts as either fruit/veg or meat/meat alternate but not both
Peanuts, Nuts, Seed, or Butters made from them
Cheese, Natural or Processed

Non Creditable

Milk and Milk Products:

Cocoa mix made with water
Custard/Ice Cream/Ice Milk/Sherbet/Sorbet
Pudding/Pudding Pops
Sour Cream
Yogurt (credits as meat/meal alternate)

Fruits and Vegetables:

Cocktails/Fruit “Drinks”/Fruit Flavored Powders/Punches/Lemonade/Nectar
Jello, gelatin
Potato Chips or sticks
Fruit in cookies/poptarts or commercial yogurt
Fruit rollups, fruit shapes, gummies

Grains and Breads:

Carmel Corn
Popcorn
Hominy
Potatoes – credits as a vegetable, not a grain

Meat/Meat Alternate:

Bacon/bacon bits
Canned Soup
Cheese products (imitation, canned, powdered)
Cream Cheese
Tofu
Yogurt Bars, frozen commercial product
Yogurt covered fruits/nuts
Cheese Products

Monthly Snack Participation Record For Snacks Claimed as Free/Reduced/Paid

Site: _____

A – Absent

S – Snack Participation

N – Present, No Snack

[illegible]

Number of Days Snacks Served: _____

Number of Reimbursable Snacks Served for the Month Free: _____ Reduced: _____ Paid: _____

Signature of person completing form: _____ Date: _____